Session 2016-2017

Best Practices - I

Title of the Practice : Community Outreach Programmes

Our institution, its motto being SARBAT DA BHALA' i.e. wishing good for all as inscribed in the insignia, aims at the betterment of humanity. The main objective of the college is to provide education to rural and underprivileged people of the surrounding area. We strive for the betterment of the society in every possible way. Our focus is on overall development of a students' personality and making him/her well-equipped to face the challenges of life.

The institution regularly organises and participates in various community outreach programmes. This practice is certainly aimed at the advancement of society. The community outreach programmes enable the Students to work towards the betterment and welfare of society/community and realize the joys of selfless giving.

Goals of the Practice :-

- To sensitise the youth about various social issues and educate them about their societal responsibility to their immediate community.
- To make the students learn the value of righteousness and generosity.
- To encourage the students to be passionate about a cause.
- To broaden their horizons.
- To inculcate confidence and sense of pride in students.
- To help the students build up a positive view about life.
- To make the students learn self-management skills and to accept the challenges of life.

<u>The Context</u> :- The institution caters to the needs of a great number of surrounding villages .There are several challenging social issues in the rural areas which need to be addressed . Social evils like female foeticide, female infanticide, dowry tortures, rapes, eve-teasing etc.areprevalant in the society. Domestic violence is another challenging issue which is committed against women, children, parents or elderly. Gender inequality is prevalent in villages which affects the growth of thefemale generation adversely. There are unhygienic conditions in villages which need to be improved. Certain dreaded diseases like HIV/AIDs, dengue etc are spreading in the society and it is necessary to spread awareness regarding these in the society. Drug menace and hazards of environmental pollution are two glaring issues of society which are to be tackled at war footing.

The Practice :-The college organises and participates in various extension activities with the dual objective of not only sensitizing students about various social issues but also contribute to community and strengthen community participation. Community participation is ensured through the NSS units of boys and girls, NCC units of boys and girls, youth and press club of the college. The students work for the betterment of society and are able to acquire life skills and knowledge besides inculcating the qualities of generosity, selflessness and self-management. The Extension Activities Cell has organised various activities such as awareness rallies on social evils, organ donation, use of voting right, various issues relating to environment, cleanliness, peace, against use of plastic, and rules of Road safety .Tree plantation and cleanliness drives are also organized by the college.

Street plays and choreographies play a very important role in spreading the message about various serious issues like corruption, farmer's suicide etc..Apart from this Medical Check up Camps and Blood Donation camps are also organized by the college in collaboration with different organisations.

Eminent scientists from Punjab Agricultural University, Ludhiana & other colleges are especially invited to the college to address the farmers of the villages.

Every year seven days NSS camps for boys and girls are organized in the different adopted villages in which active participation of the community is always there.

The list of Community Outreach Programmes pursued during the session 2016-2017 is as following:-

Date	Activity	In collaboration	No. of Students
			engaged
August 6,2016	Extension Lecture and	Gift of Life Organ Donation	130 NSS, NCC,
	Rally on Organ donation	Awareness Society	Youth and Press
		(GLODAS),Youth Forum	club volunteers
		Doraha& Youth Welfare	
		Doraha	
September 21,2016	Rally on International	Youth Forum Doraha& Youth	80 NSS, NCC,
	Peace Day	Welfare Doraha	Youth and press
			club volunteers
November 7-8, 2016	Diwali Hockey	Department of Physical	9 Schools
	tournament	Education and Private Schools	participated
January 25,2017	*Extension Lecture On	Govt of Punjab and Youth	NSS, NCC, Youth
	Creating Awareness On	Forum Doraha	and Press club
	Use Of Voting Right		volunteers
	*Choreography		

	*Rally On National Voter's Day		
February 25,2017	State level Seminar on MGNREGA	Deptt. of Political Science,Economics and Sociology organized which is Sponsored by College Development Council PU Chandigarh	100
March 16,2017	International Youth Day * Blood Donation camp *Slogan writing competition *Essay writing competition	Youth Services Department of Punjab	245 donors 29 52
March 30,2017	Extension Lecture on Drug de-addiction On World Aids day	Youth Services Department of Punjab	50 NSS volunteers
October 14, 2017	Counseling and Enlightening of village farmers regarding new methods of Agriculture	Eminent Scientists from Punjab Agricultural University, Ludhiana	79 NSS Volunteers

Problems encountered and Resources required :-

- Some people belonging to surrounding rural areas were reluctant to come to the places fixed for programs such as medical check up camps etc. They had to be persuaded.
- Some of them had a rigid mindset and great efforts were required to persuade them or to make them buzz from their stand/view point.
- The Sarpanches of villages, other VIP's Granthis of Gurdwaras etc. were consulted and persuaded to give their co-operation to the volunteers and program officers in order to make welfare programs successful.
- Such initiatives of creating awareness and empowering village people, particularly women can be taken up more vigorously if sufficient funds are available.

The activities/community outreach programs were possible with the collaboration of different organisations such as Doraha citizen welfare Association, Department of Youth Welfare Panjab University Chandigarh, Youth services Department of Punjab Govt., Rehraas Sewa Society Ludhiana, GLODAS, AKAI Multi Specialty Hospital Ludhiana, Guru Teg Bahadur Charitable

Hospital Ludhiana, Guru Gobind Singh Study circle Ludhiana, YouthForum Doraha, Ambulance Welfare society Doraha, Local council of Doraha and Village Panchayats.

Evidence of Success :-

Our students organise and participate in various community outreach programmes and work for the welfare of society. By organising Awareness Rallies in different villages and Doraha town itself, the students certainly benefit the society/community by instilling new thoughts in their minds and motivating them to give up traditional thoughts/ideas or methods of doing work/practices etc. Sometimes they launch door to door campaign (during Awakening Rallies) to convince/persuade the village/town dwellers to shun drugs, vain practices like Dowry, harassment of daughters-in-law, female foeticide, rapes, eve-teasing etc. and convince the parents to make their wards acquire higher education in the college inorder to be enlightened citizens. Such a practice certainly benefits the society and helps them in becoming responsible citizens of the society. Awareness regarding the issues such asair pollution caused by burning stubble ,ill-effects of polythene bags, polluting the canals/rivers etc. certainly shakes their conscience and contribute towards their becoming more thoughtful and responsible citizens.

Best Practices - II

Title of the Practice: Financial Aid to economically poor as well as meritorious students by the college.

Objectives: The noble objective of the practice is to provide opportunities to the students having economically poor background, enable them to acquire higher education, provide motivation to brilliant and meritorious students in continuing their efforts to work harder in order to achieve better results, promote equality among the students, inculcate a sense of generosity and social responsibility in the students and promote art and culture & sports by giving financial aid/facilities to them.

The Context : Having imbibed the philosophy of Guru Nanak and the nationalistic spirit of the founders, the college established with a missionary zeal, aims at empowering the educationally backward and disadvantageous population of the area by imparting liberal education. The students studying in this institution are pre-dominantly rural and belong to underprivileged class having low economic background and their parents are unable to provide them a sustained financial support. Our institution, its motto being 'SARBAT DA BHALA' i.e. wishing good for all as inscribed in the insignia, aims at the betterment of humanity by providing the students opportunities to acquire higher education by extending financial aid and support in the form of fee concession, scholarship, books from book bank & other aids to economically poor deserving students besides granting scholarships/aid to meritorious students in the field of academics, sports and culture etc.

The Practice : Our college extends liberal financial help to poor students, especially from the rural areas, to save them from discontinuation of their studies owing to poverty. The brilliant and meritorious students in the field of academics, sports and culture etc. are also given financial aid/facilities in order to enable them to be all rounders and motivated.

Students are granted financial aid mainly from STUDENTS AID FUND and GURU NANAK CLUB established by the college. However there are various other schemes and scholarships to support the students financially. Following are the details of financial aid given to students during the session 2016-2017:-

Name of Scheme	No. of Students	Amount
Student Scholarship Fund	194	388142/-
Late S. Balwant Singh Pangli Student Scholarship	3	7500/-
Mrs.Jaswan Kaur Pangli Student Scholarship	2	3600/-
Bibi Gurnam Kaur Mangat Student Scholarship	4	10000/-

Late Mrs. Jagbir Kaur Grewal	2	1500/-
Student Scholarship		
Late Smt. Gurdev Kaur Mangat	3	7500/-
Student Scholarship		
S. Shamsher Singh Pangli	2	5000/-
Student Scholarship		
Guru Nanak Club	15	104500/-
Student Aid Fund	178	509585/-
Fee Concession	9	3066/-

So, during the session 2016-2017, the College disbursed Rs. 1040393/- to 412 students in the form of Scholarships. There is Book Bank facility for financially weak students. Text books & other books related to curriculum are issued to the students for completesession. Besides this, extra books are provided to brilliant students and fast learners so that they may develop themselves academically in a better way. Almost every department has established its own library and students are issued books from there also.

Evidence of Success

It has been a regular practice of the college to give Financial support/Fee Concession/Merit Scholarship to meritorious students in the field of academics, culture, co-curricular activities, sports, NCC, etc and this motivate them to work harder and achieve better results and in some cases to be capable to continue their studies in the face of extreme poverty. Here are a few of the many cases where the students got financial assistance from college and were able to sustain themselves and became successful in life.

Mandeep Kaur, a brilliant student of our college, belonged to economically poor family. She obtained financial Aid from the College and was able to continue her studies. She showed excellent results in MA Political Science by bagging 6th position in Panjab University Chandigarh, and made the institution as well as the parents proud.

Aakshi Sharma, another promising student was unable to continue her studies after graduation because of the financial crisis in the family. The college accorded her sufficient financial support to enable her to continue studies. She bagged 11th position in MA Political Science in Panjab University Chandigarh.

Sukhdeep Kaur Mangat, another student bagged 5th position in Panjab University, Chandigarh in MA Sociology 4th semester. Earlier she had won 7th position in the University in 3rd semester also. The financial help provided by the college helped her in continuing her studies and to remain motivated to work harder.

Problems encountered and Resources Required

Sometimes it is difficult to judge the financial condition and genuine requirement of the student seeking help. So ingenuine persons, who are otherwise well off, may take undue advantage.

Sometimes the students who received financial aid from the college dropped their studies due to domestic or societal constraints.

The college had to persuade the members of the alumni and other philanthropists to donate towards the funds of college in order to help the needy students.