

(7.2) Best Practices- I

Session 2017-2018

Name/Title of the Practice: Holistic Development of Students' Personality.

Holistic Development of the students can be counted as one of the best practices of the college. The college ensures overall development of students' personality which involves physical, mental, intellectual as well as spiritual growth. To ensure the holistic development of the students, the college imparts quality education and makes them capable of facing the challenges of life in a better way.

Goal :- The practice is aimed at the development of intellectual, mental, physical, emotional and social capabilities of the students. Qualities of fairness, civic pride, confidence, generosity and positive outlook towards life are inculcated by way of community outreach programmes, sports activities, seminars, extension lectures, workshops, literary competitions, youth festivals, cultural programs, life shows by renowned artists etc, apart from assuring mass participation in these.

The Context :- The college which was established in 1974 with a missionary zeal, aims at empowering the educationally backward and disadvantaged population of the area by imparting liberal education. A majority of students studying here in the college belong to rural areas and lack exposure to exhibit their talent in various fields. It is a challenging task for the institution to polish their hidden talent. By organising several activities in the field of academics, cultural, sports and co-curricular/Extra-curricular fields and encouraging mass participation of students in these, the college aims at honing and nurturing the talent of the students.

The Practice:-

The institution tries to provide an excellent academic atmosphere to the students. The process of imparting education is made interesting through class-room discussions/presentations, quiz-contests, group discussions, PowerPoint Presentations, essay writing, paper reading, declamation, debate contests etc. Lectures by eminent resource persons, workshops, seminars etc are frequently organised by the college. Moreover students are encouraged to participate in various inter-college literary competitions. Resultantly, the students of the college have

excelled in the field of academics. Every year a number of students win laurels for the college by securing University positions. In this session as well, Gaganpreet Kaur secured 5th position in Panjab University in MA Political Science 2nd semester. Similarly, Sukhwinder Kaur secured 7th position in Panjab University in MA Sociology 3rd semester.

In order to nurture and hone their talent, the college organises Zonal and Inter Zonal Youth & Heritage Festivals of Panjab University Chandigarh frequently. Students participate in approximately 60 items spread over theatre, music, dance, literary items, fine arts and heritage. The students of the college participate in a big way in almost all these items reaching out for more brilliant positions at Inter-Zonal, National or even International levels. Apart from this, a number of debates, declamation contests, quiz competitions, paper reading, essay writing, short story writing competitions etc are also organized by various clubs and societies of the college. Outstanding students are given fee concession, financial aid and academic guidance. In the current session, Talent hunt was initially organised to explore maximum talent. Post-talent hunt, workshops and training sessions were held to guide and train the students for bigger events. Resultantly, a student of the college, Gurkirat Kaur Rai, participated in PTC Voice of Punjab (Season – 8) competition and won the title of ‘Voice of Punjab’ by defeating 10,000 contestants. The college hosted the Zonal Youth and Heritage Festival of Panjab University this year. Approximately 256 college students participated in 60 items of the festival and won 47 prizes. Overall Panjab University Zonal Trophy’ was won by the college. Those qualifying, participated in the Inter-Zonal Youth and Heritage Festival of Panjab University and bagged 14 prizes and also won the ‘Overall Panjab University Vice Chancellor’s Trophy’, a rare honour for the college. In January 2018, five students of the music department participated in the National Festival. On 17th April 2018, students participated in the Punjab State Level Inter-College Cultural Competition held by Kala Parishad, Chandigarh and won 1st position in ‘Vaar Gayan’ and 3rd prize in ‘Kavishri’. A cultural programme was especially organized in the sacred memory of the Chief-Patron of College Bibi Bhagwani Kaur ji on 17th March, 2018. Mr. Iqbal Mahal, the first broadcaster of North America and a promoter of young talent, was especially present. Apart from this the students exhibited their creative and artistic skills by participating in the Teej Festival, International Youth Day, National Youth Day, International Women’s Day, Fashion Show, Maat Bhasha Diwas, Hindi Diwas etc. Outstanding performers were felicitated in

the form of scholarships, financial aid, awards and honours by the college. Being valuable and enjoyable in their own right, cultural activities give youngsters a chance to master life skills and prove to be useful individuals for society.

In order to teach lessons of life such as team work, accountability, self-confidence, responsibility and self-discipline, a number of students are made to participate in various sports activities such as Athletics, Netball, Kabaddi, Cross Country, Football, Badminton, Cricket, Volleyball, Basketball, Weight-Lifting, Power Lifting and many more. Students participating in sports learn and develop the capacity to make instant decisions, accept failures in life, respect others, improve the capacity for goal setting and character building. There are spacious playgrounds, fully equipped gymnasium, multipurpose hall for indoor games and a number of other facilities available for students. Students are prepared and encouraged to participate in various sports and Athletics Competitions and a number of medals at National/State/District level are won by them every year. During the session 2017-2018, students brought laurels to the college by winning medals at National Level Competitions in Weight Lifting, Power Lifting and Athletics. More than 40 medals were won by the students at State/District level and 13 medals were won in the Panjab University Inter-College Competition.

Students are also involved through NCC, NSS, Youth Club, Press Club etc into community outreach programmes for the service and welfare of the society. Cleanliness and tree plantation drives were conducted during the 7-day NSS camps organised separately for boys and girls at village Bowani and Begowal respectively. Awareness rallies against various social evils prevalent in the society, were conducted in collaboration with local organizations. Cleanliness drive was carried out in and around Doraha under Swacchh Bharat Abhiyan in the month of July, 2017. A total of 100 donors donated blood during the Blood Donation camp on 9th March, 2018.

The college makes efforts towards gender sensitization. International Women's Day was celebrated by the Extension Cell in collaboration with the Department of Sociology. Research project based on the topic 'Problems faced by Women in the Banking Sector of Ludhiana' was conducted by the students pursuing post-graduation in Sociology. An Extension lecture on the topic 'Awareness about Girls Rights in Fathers Property' by Dr. Anupam Bahri was also organized.

(7.2) Best Practice – II

Name/Title of the Practice:

Financial Aid to the economically poor and meritorious students

Objectives of the Practices : The noble objective of the practice is to provide opportunities to students having economically poor background, enable them to acquire higher education, assist them to continue studies, achieve better results, promote equality among the students, inculcate a sense of generosity and social responsibility in the students, promote art and culture and sports by giving financial aid/facilities to bright students in the field of culture and sports.

The Context : Having imbibed the philosophy of Guru Nanak and the nationalistic spirit of the founders, the college established with a missionary zeal, aims at empowering the educationally backward and disadvantageous population of the area by imparting liberal education. The students studying in this institution are pre-dominantly rural and belong to underprivileged class having low economic background and their parents are unable to provide them a sustained financial support. Our institution, its motto being ‘SARBAT DA BHALA’ i.e. wishing good for all as inscribed in the insignia denotes that the college aims at the betterment of humanity by providing the students opportunities to acquire higher education by extending financial aid and support in the form of fee concession, scholarship, books from book bank etc to the economically poor and deserving students besides granting scholarships/aid to meritorious students in the field of academics, sports and culture etc.

The Practice : Our college extends liberal financial help to the poor students, especially from rural areas, to enable them to continue their studies. Brilliant and meritorious students in the field of academics, sports and culture etc. are also given financial aid/facilities. Students are granted financial aid mainly from Students Aid Fund and Guru Nanak Club established by the college. However there are various other schemes and scholarships to support the students financially. Following is the detail of the financial aid given to students in the current session-

	Name /Title of the scheme	Number of students	Amount in Rupees
Financial support from institution	Student Aid Fund	128	345780/-
	Student Scholarship Fund	123	225900/-
	Endowment Fund	17	39300/-
	Guru Nanak Club	3	41280/-
	Fee Concession	57	525742/-
	SC Scholarships	446	6285047/-

So, during the session 2017-2018, the college disbursed Rs. 7,463,049/- to 774 students in the form of Financial Support.

There is Book Bank facility for financially weak students. Text books and other books related to the curriculum are issued to the students for the whole session. Besides this, extra books are provided to brilliant students and fast learners so that they may develop themselves academically in a better way. Some departments have established their own library and students are issued books from those also.

Evidence of Success

Here are a few of the numerous examples where the students got financial assistance from the college and were able to sustain themselves and succeed in life.

Gurkirat Kaur Rai, one of the talented and brilliant students, belonged to a financially strained family but with the help of financial assistance given to her, she was able to shine in the field of culture. She participated in the Zonal and the Inter-Zonal Festivals of Panjab University and proved her mettle. She rose to win the Voice of Punjab title by participating in the PTC Channel Voice of Punjab Competition (Season – 8). At present she is a renowned singer.

Gaganpreet Kaur a student of our college pocketed 5th position in Panjab University Chandigarh in MA Political Science 2nd semester. The financial assistance given to her by the college enabled her to remain motivated and achieve higher position in future.

Sukhwinder Kaur, a student of our college, whose family was in financial crisis, financial aid from college. She made the institution proud by bagging 7th position in Panjab University Chandigarh.

Harjot Singh, a talented student of the college, was able to win Gold Medal Junior in North Zone Athletic Meet, besides winning other prestigious positions. He was able to get this position through hard work and determination but at the same time due to the financial assistance provided by the college.

Dilbardeep Singh also won Gold Medal in All India Regional National Weight-Lifting Championship. Financial aid given to him by the college proved him a boost to continue his studies and win the prestigious position.

Problems encountered and Resources Required

- It is sometimes difficult to judge the financial condition and genuine requirement of the student seeking help. So ingenuine persons, who are otherwise well off, may take undue advantage.
- Sometimes the students who received financial aid from the college drop in-between due to social and domestic reasons.
- Limited resources available with the college to support a huge number of such needy students.