

GURU NANAK NATIONAL COLLEGE, DORAHA

Best Practices (2019-2020)

Best Practice – I

Title of the Practice: Community Outreach Programmes

The main objective of the college which was established for the purpose of providing education to rural and underprivileged people of the surrounding area and its motto being SARBAT DA BHALA, is certainly the betterment of society in every possible way and overall development of a students' personality and making him/her well-equipped to face the challenges of life.

The institution regularly organises and participates in various community outreach programmes i.e. community service programmes through which the student volunteers make efforts and work towards the betterment and welfare of society/community. This practice is certainly aimed at the advancement of society. These community outreach programmes provide ways for students to make difference in the lives of others and realize the joys of giving and selflessness.

Goals of the Practice:-

- To sensitise the youth about various social issues and to educate them about their societal responsibility to their immediate community.
- To make the student learn the value of righteousness and generosity.
- To encourage the students to be passionate about a cause.
- To let this practice broaden their horizons and reach beyond themselves.
- To inculcate confidence and sense of pride in students.
- To help the students build up a positive view about life.
- To make the students learn self-management skills and to accept the challenges of life.

The Context: - The institution caters to the needs of a great number of surrounding villages and there are several challenging issues in rural, socially need which to be addressed urgently. There are many social evils like female foeticide, female infanticide, dowry tortures, rapes, eve-teasing etc. Domestic violence is another challenging issue which is committed against women, children, parents or elderly. Moreover, gender inequality is prevalent in villages which effect the growth of female generation adversely. There are unhygienic conditions in villages which need to be improved and certain dreaded diseases like HIV/AIDs, dengue etc are spreading in the society

and it is necessary to spread awareness regarding these in the society. Drug menace and hazards of environmental pollution are two glaring issues of society and to be tackled at war footing.

The Practice :- It is an important feature of the institution to involve the students through NCC, NSS, Youth Club, Press Club etc. into community outreach programmes so that they may work for the betterment of society and be able to acquire life skills and knowledge besides inculcating the qualities of generosity, selflessness and self-management and in this way developing holistically. The college organises and participates in various extension activities with the dual objective of not only sensitizing students about various social issues but also contribute to community and strengthen community participation. The NSS units of boys and girls, NCC units of boys and girls, youth and press club of the college take part in these initiatives. The Extension Activities Cell has organised various activities such as awareness rallies on social evils, various issues relating to environment, cleanliness, peace, organ donation, creating awareness regarding use of voting right, stubble burning, against use of plastic, crop Residue management, Road safety etc.

In order to create awareness and inculcate competitive spirit time to time various inter school competitions are also organized. Students have actively participated in all these competition of poster making, slogan writing and essay writing to spread the message among society.

The street plays and choreographies play the best role in spreading the message in a best way about various serious issues like corruption, stubble burning, farmer's suicide etc. Apart from these various medical check-up camps and Blood donation camps are also organized by the college in collaboration with different organisations. Tree plantation drive and cleanliness Drive are also organized by the college.

Eminent scientists from Punjab Agricultural University, Ludhiana and other colleges are especially invited to college to address the dwellers and farmers of various villages to enlighten and educate them regarding various aspects of agriculture.

Every year seven days NSS camps are also organized in different adopted villages by NSS units of boys and girls in which community has involved actively.

The list of Community Outreach Programmes pursued during the **session 2019-2020** is as following:-

Date	Activity	In Collaboration	No. of Students Engaged
26 th September, 2019	Rally against the Use of Plastic at Doraha	NSS, Youth Club & Press Club	60 NSS, Youth Club & Press Club Volunteers
2 nd October, 2019	Distribution of Bages to Control the Plastic at Doraha	Local Council	60 NSS, Youth Club & Press Club Volunteers
11 th October, 2019	Created Awareness among Farmers for Use of Machines like Happy Seeders at Doburji & Bilaspur	Concerned Villages Doburji & Bilaspur	50 NSS Volunteers
12 th October, 2019	Awareness Rally at Village Jargari to Stop ' Stubble Burning'	Concerned Village Panchayat	30 NSS Volunteers
13 th October, 2019	Awareness Rally at Village Tibba, Natt & Pawa against Stubble Burning	Concerned Village Panchayats	30 NSS Volunteers
14 th October, 2019	Awareness Rally at Village – Khakat & Pawa to stop Stubble Burning	Concerned Village Panchayat	30 NSS Volunteers
22 nd October, 2019	Extension Lecture on ' Dangué' where S. Sukhwinder Singh, MPS (PHC-Rampur), S. Karanjit Singh (MPHW, Araichan), S. Jasvir Singh (MPHW, Begowal), S. Harbans Singh (MPHW, Jatana), S. Jagdeep Singh (MPHW, Rampur) addressed the students	CHC, Rampur CHC, Arraichan CHC, Begowal CHC, Jatana	70 NSS, Youth Club & Press Club Volunteers
8 th November, 2019	Four days camp to create to awareness and to make ' Plastic Free India'	Representative of Municipality Kamaljit Kaur Jawanda	40 NSS volunteers
21 st November, 2019	Inter School ' Shabad Gayan' Competition on the 550 th Celebration of Guru Purab	Department of Music	7 Schools participated
23 rd November, 2019	Visit to adopted villages under the campaign of ' Stubble Burning' where	Village Panchayat	40 NSS Volunteers

	farmers were told about the positive effect of Happy Seeders and Rota Vators etc		
23 rd December, 2019	Rally on 'ਵਾਤਾਵਰਣ ਬਚਾਓ, ਪਲਾਸਟਿਕ ਹਟਾਓ' at Doraha and one day camp was organized for the same	NSS Unit	100 NSS Volunteers
3 rd January, 2020	College adopts 23 villages to made stubble burning	-----	-----
1 st & 2 nd February, 2020	Medical Camp and General Check up Camp	CHC Payal	600 students
24 th February, 2020	Rally against Vulgarity in Punjabi Movies, Songs etc	Deptt. of Sociology	60 students
December 29, 2020	Tree Plantation and cleanliness drive in village Doburji	NSS Volunteers Dwellers of village Doburji	81 NSS Volunteers
	Enlightenment of village dwellers and	Eminent scientists (Ex PAU professors at other college teachers) &NSS Volunteers of college & Dwellers of village Doburji	81 NSS Volunteers

Problems encountered and Resources required :-

- Some people belonging to surrounding rural areas were reluctant to come to the places fixed for programs such as medical check up camps etc. They had to be persuaded.
- Some of them had a rigid mindset and great efforts were required to persuade them or to make them buzz from their stand/view point.
- The Sarpanches of villages, other VIP's Granthis of Gurdwaras etc. were consulted and persuaded to give their co-operation to the volunteers and program officers in order to make their welfare programs successful.
- Such initiatives of creating awareness and empowering village people, particularly women can be taken up more vigorously if sufficient funds are available.

The activities/community outreach programs were possible with the collaboration of different organisations such as Doraha citizen welfare Association, Shrimati Lajwanti Maini Memorial charitable Hospital trust, Department of Youth Welfare Panjab University Chandigarh, Youth services Department of Punjab Govt., Rehraas Sewa Society Ludhiana, GLODAS, AKAI Multi

Specialty Hospital Ludhiana, Soni Eye care Hospital Doraha, Guru Teg Bahadur Charitable Hospital Ludhiana, Guru Gobind Singh Study circle Ludhiana, Nehru Yuva Kendra, Syganta Foundation India, Youth Forum Doraha, WHY organization, Ambulance Welfare society Doraha, CII Foundation, Local council of Doraha and Village Panchayats.

Evidence of Success :-

Our students organise and participate in various community outreach programmes and work for the welfare of society. By organising Awareness Rallies in different villages and Doraha town itself, the students certainly benefit the society/community by instilling new thoughts in their minds and motivating them to give up traditional thoughts/ideas or methods of doing work/practices etc. Sometimes they launch door to door campaign (during Awakening Rallies) to convince/persuade the village/town dwellers to shun drugs and other various obsolete and to make their words acquire higher education in college in order to be enlightened beings and vain practices like Dowry, harassment of daughters-in-law, female foeticide, rapes, eve-teasing etc. Such a practice certainly benefits the society and helps the persons in becoming responsible citizens of society. Certain efforts made in the direction of pollution like banning the use of plastic in college, making the people of surrounding areas/Doraha town/people of villages adopted for NSS Camp aware about the ill-effects of polythene bags, polluting the canals/rivers etc, air pollution caused by burning stubble etc. certainly shakes their conscience and contributes towards their becoming more thoughtful and more responsible persons.

Best Practice - II

Title of the Practice: Financial Aid to economically poor as well as meritorious students by the college

Objectives of the Practices : The noble objective of the practice are to provide opportunities to students having economically poor background to enable them to acquire higher education, continuation of the studies of poor students, to provide motivation to brilliant and meritorious students in continuing their efforts to work harder in order to achieve better results, to promote equality among the students, to inculcate a sense of generosity and 'social responsibility' in the students and also to promote art and culture & sports by giving financial aid/facilities to bright

students in the field of culture and sports in order to ensure the overall personality development of students.

The Context : Having imbibed the philosophy of Guru Nanak and the nationalistic spirit of the founders, the college established with a missionary zeal, aims at empowering the educationally backward and disadvantageous population of the area by imparting liberal education. The students studying in this institution are pre-dominantly rural and belong to underprivileged class having low economic background and their parents are unable to provide them a sustained financial support. Our institution, its motto being 'SARBAT DA BHALA' i.e. wishing good for all as inscribed in the insignia denotes that the college aims at the betterment of humanity by providing the students opportunities to acquire higher education by extending financial aid and support in the form of fee concession, scholarship, books from book bank & other aids to economically poor deserving students besides granting scholarships/aid to meritorious students in the field of academics, sports and culture etc.

The Practice : Our college extends a liberal financial help to poor students, especially from the rural areas, to save them from discontinuation of their studies owing to poverty. The brilliant and meritorious students in the field of academics, sports and culture etc. are also given financial aid/facilities in order to enable them to be all rounders and motivated students.

Students are granted financial aid mainly from STUDENTS AID FUND and GURU NANAK CLUB established by the college. However there are various other schemes and scholarships to support the students financially. Following are the details of financial aid given to students during the **Session 2019-2020**:-

Name of Scheme	No. of Students	Amount
Student Scholarship Fund	17	28000/-
Guru Nanak Club	8	35300/-
Student Aid Fund	112	193380/-

So, during the session 2019-2020, we disbursed Rs. 256680/- to 137 students in the form of Scholarships.

Apart from disbursing money to students in the form of scholarships the institution also gave financial aid in the form of fee-concession as per following table:-

Session	100%		80%		50%		Unaided Bro/Sis		Bro/Sis		20%		30%		40%		70%		Half Fee		Special	
	Student	Amount	Student	Amount	Student	Amount	Student	Amount	Student	Amount	Student	Amount	Student	Amount	Student	Amount	Student	Amount	Student	Amount	Student	Amount
2019-20	8	146801	6	60486	11	133665	7	2810			2	8915	1	5870	1	6152	3	38612			5	29746

Moreover there is Book Bank facility for financially weak students. Text books & other books related to curriculum are issued to the students for full session.

Besides this, extra books are provided to brilliant students and fast learners so that they may develop themselves academically in a better way. Almost every department has established its own library and students are issued books from those also.

Evidence of Success

It has been a regular practice of the college to give Financial support/Fee Concession/Merit Scholarship to meritorious students in the field of academics, culture, co-curricular activities, sports, NCC, etc and this motivate them to work harder and achieve better results and in some cases to be capable to continue their studies in the face of extreme poverty. Here are a few of many cases where the students got financial assistance from college and were able to sustain themselves and became successful in life.

Jaspreet Kaur, a brilliant student of our college won 2nd position in Panjab University in MA Political Science 1st semester and made the institution proud. The financial support given to her by the college enabled her to remain motivated to achieve better results.

Inderjit Kaur, another student of our college secured 8th position in MA Political Science 1st semester in Panjab University. The hard work and will power of the students plus the motivation and financial help given by the college worked in her favour and she was able to win 8th position in Panjab University, Chandigarh in MA Political Science 1st semester.

Gagandeep Kaur, who already had prestigious positions in Panjab University Examination won 8th position in MA Punjabi (1st semester) of Panjab University.

Sukhwinder Kaur, another student won 9th position in Panjab University in MA Sociology. These students received financial aid/support from college to enable them to continue studies.

Chandan Kumar, a talented student of our college won 'Gold Medal' (besides other achievements) in district level Weight Lifting Championship. This student got sufficient financial aid from college in order to continue his studies and was thus able to give such excellent results.

The list of brilliant students in various fields who got financial assistance from college is really long and the efforts made by the students to excel in their respective fields are really commendable.

Problems encountered and Resources Required

1. Sometimes it is difficult to judge the financial condition and genuine requirement of the student seeking help. So ingenuine persons, who are otherwise well off, may take undue advantage.
2. Sometimes the students who received financial aid from college dropped their studies in between. Sometimes girls got married and discontinue their studies and so the aid given to them was rendered useless.
3. The college had to persuade the members of the alumni and other philanthropists to donate towards the funds of college in order to help the needy students.
4. Some staff members donate money directly to the needy students but some of them have to be persuaded.